CHRISTMAS 2006 THIS YEAR CHANGE SOMEONE'S LIFE and HELP THE ENVIRONMENT



The ESG has, in the last few weeks, been offering ideas on how we can all participate in the generous spirit of Christmas and think of our family and friends, whilst at the same time being responsible about the environment and those who are worse off than us.

The following listed websites are examples of the growing number which offer a chance to buy gifts online and help provide badly needed essentials to those less fortunate in various corners of the globe;

- www.unicef.org.uk/in28 where you can purchase gifts that will provide blankets, mosquito nets, water pumps, and many other essentials to those who most need it.
- www.oxfamUnwrapped.com where you can choose from over 50 famously funusual gifts and a poor community will receive your chosen gift to help them overcome poverty and suffering
- www.actionaid.org carry out very impressive grassroots projects including sponsoring a child and village
- www.thesmileshop.com to provide free life changing cleft surgery
- www.savethechildren.com does incredible work and can always use your donation in their many established and well respected programmes



As well as a wonderful chance to put a smile on faces of children like these by supporting these very worthy projects we are also departing some way from the wasteful and often time irrelevant present swapping that goes on in rich countries like ours where we need for nothing.

Mountains of rubbish produced throughout the year and our "throwaway mentality" already causes massive problems in terms of waste management and pollution. With global environmental issues increasingly becoming a part of our daily lives lets remember this especially at Christmas time and consider it is also a wretched time for millions suffering dreadful poverty, disease, and now the added ravages of global warming which in part, we are all responsible for.

So give a bit back to the needy and the environment this Christmas and make yours one you can truly eniov!